

Belgrave Harriers – Female Championship Medallists in AAA, British & UK Championships

These statistics cover individual track and field events, plus the marathon, for which national championships have been staged. Medallists are only shown if they were Belgravians at the time of the event (i.e. not if they were medallists before or after their membership).

These championships were open to foreign competitors until 1995 and then again in 1997. In 1996 and from 1998 onwards, only UK nationals were allowed to compete, with the exception of the 10,000 metres and marathon.

From 2007 to date the national championships have been styled the UK Championships or British Championships and incorporate the Trials for any subsequent global competition.

1,500 metres

2024 1 Georgia Bell 4:10.69

3,000 metres

1995 2 Gabrielle Collison 9:39.67

5,000 metres

2004 2 Getenesh Tamirat 15:45.82

2005 3 Catherine Berry 16:01.38

100 metre Hurdles

2002 3 Rachel King 13.34 1.6

2003 1 Rachel King 13.07 1.4

2 Sarah Claxton 13.12

2004 1 Sarah Claxton 13.21 -0.9

3 Rachel King 13.39

2005 1 Sarah Claxton 12.96 1.0

2006 1 Sarah Claxton 13.19 w 2.5

400 metre Hurdles

2006 3 Michelle Carey 56.68

High Jump

2001 =3 Julie Hollman 1.68

Pole Vault

2003 1 Tracey Bloomfield 4.15

2005 1 Janine Whitlock 4.20

Long Jump

2003 2 Sarah Claxton 6.17

2005 2 Julie Hollman 6.25

2006 3 Sarah Claxton 6.28

2007 3 Julie Hollman 6.29

Shot Put

2003 2 Eva Massey 15.35

2004 2 Eva Massey 15.99

2006 2 Eva Massey 15.59

2007 1 Eva Massey 16.63

Discus

2001 1 Shelly Drew 57.22

2002 2 Shelly Newman (Drew) 54.08

2003 1 Shelly Newman 58.16

2004 2 Shelly Newman 55.44

Javelin

2002 2 Goldie Sayers 56.96

2003 1 Goldie Sayers 56.29

2004 1 Goldie Sayers 60.85

2005 1 Goldie Sayers 57.99

2006 1 Goldie Sayers 58.81

2007 1 Goldie Sayers 63.02

2008 1 Goldie Sayers 62.62

2009 1 Goldie Sayers 55.33

2010 1 Goldie Sayers 58.60

2011 1 Goldie Sayers 60.57

2012 1 Goldie Sayers 58.45

2014 1 Goldie Sayers 62.75

2016 2 Goldie Sayers 54.98

Heptathlon

2002 3 Maureen Knight 4593

2003 2 Maureen Knight 4748
